

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10am An opportunity for new mums meet up group. Please make contact if you are interested.	10.30 am MUSIC BOX + STAY AND PLAY. Traditional songs, bubbles, parachute, puppets and instruments. A lovely relaxed group from	10.15am TOT'S BALLET, from walking. + STAY AND PLAY. An ideal first class with Miss Debbie. Principal of the Deborah Jayne School of dance	COMING SOON 10am-12pm A beautiful new Parent and child group to include painting, singing and crafting.	Looking for a children's yoga teacher to run a morning class for under 3's
Crèche members and their friends are welcome to drop in for a play. Contact Mel before coming.	3months to 3yrs.	3-5.30pm PLAYGROUP. For members and their friends, please book.	Would love a knitting group from 12 till 2.30 with or without children. Do need a crafty lady to lead us!	Space for new classes and weekend workshops that align with CC philosophy.
8.15pm PILATES. All levels welcome	8pm PILATES. All levels with Annie, Progressing to more challenging and dynamic moves.	8.15pm EXPRESS PILATES with Jo.	8pm slot for a new class. Yoga? Pilates? Let me know your thoughts	